2010 OLEKSAK LUMBER SPRING HALF-MARATHON & 5K

to benefit

THE BOYS AND GIRLS CLUB OF GREATER WESTFIELD

11:00AM SUNDAY, March 28, 2010

at THE BOYS & GIRLS CLUB

28 West Silver Street, Westfield, MA

COURSE: **A ROLLING 13.1 MILE CERTIFIED COURSE CERTIFICATION #MA02004RN.** Mostly rural with most hills in the first 4 miles: 6 aid stations along the course. **Great tune-up for the Boston Marathon.**

5K COURSE: A 3.1 mile course for Adults and Children to run or walk.

FACILITIES: Showers and Restrooms available at the Boys & Girls Club. Plenty of free Parking. Amelia Park Ice Arena and In-Line Rink adjacent to Club.

AWARDS: $100.00 Cash Prize for Half-Marathon first Male and Female, $50.00 Cash Prize for new male & female course record .

DINNER: **Post-race Pasta Dinner** and refreshments **FREE** to all participants of Half-Marathon and 5K at the Boys & Girls Club. All others: Adults $4.00 Children $2.50.

RAFFLE: **50/50 Raffle –** Tickets available on race day

HALF-MARATHON Entry FEE: $35.00 prior to March 28th, - Long sleeve ***Technical*** shirts to pre-registered runners. $40.00 on Race Day

5K ENTRY FEE: $20.00 - Short sleeve shirt to first 75 entries

For questions or additional information, e-mail: mikerun26pt2@yahoo.com

Application and Online registration available at:

http://www.bgcwestfield.org/index.php?page=registration-forms-2

Race Day Registration available at Boys & Girls Club from 9:30 AM until 10:30 AM

Directions to Boys & Girls Club of Greater Westfield (413) 562-2301

From Connecticut: Route 202 North to Westfield, right at lights onto West Silver Street, Boys & Girls Club on right, behind Westfield Middle School. Park in Middle School or Ice Rink lot.

From Massachusetts Turnpike: Exit 3 right onto Rt. 202 South through downtown Westfield. Left on to Pleasant St. (still on Rt. 202 South). Left at lights onto West Silver Street. Boys & Girls Club behind Westfield Middle School on right. Park in Middle School or Ice Rink lot.

From Route I-91: Take Massachusetts Turnpike exit from 91 and follow above directions.

Please enter me in the 2010 Oleksak Lumber Spring Half-Marathon or 5K on march 28,2010

Please include check or money order payable to Boys & Girls Club of Greater Westfield or MasterCard/Visa:

_____ Expiration ____/_____

Signature _____ Date _____

Mail To: Boys & Girls Club P.O. Box 128, Westfield, MA 01086. For more information: mikerun26pt2@yahoo.com

LAST NAME | | | | | | | | | | | | | **Half-Marathon** | | **Fitness 5K** |

FIRST NAME | | | | | | | | | | | **TEAM** | | | | | | | | **(Five Best Times)**

Age on 4/5 | | **Birth Date** **MONTH** | | **DAY** | | **YEAR** | | **Sex** | | **T-Shirt** **S** | **M** | **L** | **XL** |

ADDRESS | | | | | | | | | | | | | | | | | | **TT**

CITY | | | | | | | | | | | | **STATE** | | | | | | | |

E-MAIL | | | | | | | | | | | | | | **Office Use Only** **BIB #**

In consideration of this entry being accepted, I do for myself, or any person or concern who may claim through me, on my behalf, hereby hold harmless and release the Boys & Girls Club of Greater Westfield, the city of Westfield and any Sponsor or official of the Spring Half-Marathon from any and all claims for personal injury damages arising out of or connected with my participation in this event. I also understand that the course is open to normal vehicular traffic during the race, and I assume responsibility for my own safety. **Headphones and baby joggers will not be allowed.**

Signature: _____ **Date** _____

(Of parent if entrant is under 18)

If you would like Bib Number Mailed to you, please include a self-addressed stamped business size envelope.